

Exercise And Young People Issues Implications And Initiatives

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Interventions to promote young peopleâ€™s physical activity

November 30th, 2006 - Cale L Harris J Physical activity promotion interventions initiatives resources and contacts In L Cale and J Harris Eds Exercise and Young People Issues Implications and Initiatives pp 232 270

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Publications for Lorraine Cale Research

January 6th, 2019 - Publications for Lorraine Cale Chalkley A Routen A Harris J Cale L Gorely T Sherar L 2018 A retrospective qualitative evaluation of barriers and facilitators to the implementation of a school based running programme BMC Public Health 18 pp 1189 1189 ISSN 1471 2458

Interventions to promote young people s physical activity

January 10th, 2019 - of young peopleâ€™s physical activity occurs outside school there is now growing recognition of the importance of community based programmes and the involvement of the community at all levels if interventions are to be effective

Physical activity guidelines for children and young people

April 2nd, 2014 - Children and young people should take part in activities appropriate for their age and stage of development Download a factsheet on physical activity guidelines for children and young people 5 to 18 years PDF 554kb

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